

High School Mission Trip 2021

JUNE 13th – JUNE 19th, 2021 CURRENT 8th – 12th GRADES



NASHVILLE, TENNESSEE

Trip logistics

- ASH, MAKE SURE YOU ARE RECORDING THIS
- Leave EARLY on June 13th, home LATE on June 19th
- Nashville, TN- about an 8.5 HR drive w/out stops
- Possibly taking 3 mini vans to limit capacity
- Mystery location Friday into Saturday (18th/19th)
- Cell phones permitted until we arrive at the site
- Leaders- Ashley Atkins, Scott Langejans & Kim Rossi
- Hoping to take about 10 students- a lot of newbies!



----- *Why Mission Trip?*

- Goals of Mission Trip
 - Serve as God's hands and feet in Nashville
 - Students to grow in their faith
 - Students to grow with each other
- Other benefits
 - Gain perspective and thankfulness of what we have, gain perspective of different people, learn useful skills and leadership, and many others!!!



Schedule

- Saturday | Pack the vans/paperwork at 5PM
- Sunday | arrive to Nashville by 6PM
- Monday- Thursday | serving at YouthWorks
- Friday | depart by 9AM for Mystery location
- Friday-Saturday | mystery location included in trip cost- overnight and fun activity together & breaking of bread (prayer partners)
- Saturday | return home by 10PM (at the latest)



Youth Works

- Many trips with YouthWorks- Toronto & St. Louis
- They have been serving in Nashville since 2010
- On site staff is generally a team of college students
- Other youth groups on site (no contact, really)
- Only High school age on site
- Opportunities for service- FLEXIBLE
 - Soup kitchen, retirement center, gardening, kids club, flooding/tornado work possible
 - Won't know until May/upon arrival what our potential opportunities are



Schedule

SUNDAY

4:30-6:00 pm	Your Group Arrives at Housing Site
6:15 pm	Dinner
7:15-8:30 pm	Orientations for Adult Leaders and Students
8:30-9:30 pm	The Gathering
9:30-10:30 pm	Church Group Time (a time to process the day as a group)
11:15 pm	Lights Out

MONDAY THROUGH THURSDAY

6:45 am	Breakfast Crew in Kitchen
7:00 am	Wake Up
7:15-7:45 am	Breakfast (Everyone also packs their own lunch during this time.)
7:45-8:15 am	Breakfast/Building Cleanup
8:25-8:50 am	Personal Devotion Time
9:00 am	Gather and Depart for Service Sites (Lunch is around noon at service sites.)
3:30 pm	Depart from Service Sites
3:30-5:30 pm	Showers, Afternoon Snack, Adult Leader Meeting, Dinner Crew Prepares Meal
5:30-6:30 pm	Dinner and Cleanup
6:30-8:30 pm	Evening Activity and Snack*
8:30-9:30 pm	The Gathering
9:30-10:30 pm	Church Group Time and Prepare for Bed
11:15 pm	Lights Out

** Some sites include one option night during the week, where scheduled events end around 7 p.m. and church groups can choose between additional free time or options in the community provided by YouthWorks staff.*

FRIDAY

6:30-7:00 am	Wake Up and Load Vehicles
7:00-9:00 am	Breakfast, Building Cleanup and Send-Off



Covid Protocols

- Need to fill out a COVID-19 Symptom sheet 10 days prior to the trip as well as every day of the trip



COVID -19 SYMPTOM TRACKER

Please fill this out and bring to your YouthWorks trip. You will also use this document to track symptoms during your trip.

Name: _____
 Church/Group: _____
 Trip Start Date: _____

Safety has always been a top priority for YouthWorks. Because of COVID-19, we're taking extra steps to make sure participants arrive healthy to their mission trip site. One of those steps is to track symptoms leading up to the trip, as well as during the trip. We encourage you to look at this safety measure as a way to care for each other and communities.

For your safety, participants will not be allowed to attend if they are currently sick with COVID-19 symptoms, if they have had one "more common" or two or more "less common" COVID-19 symptoms in the last 10 days or if they have been around someone with COVID-19 in the last 14 days. If a participant experiences one "more common" or two or more "less common" COVID-19 symptoms leading up to the trip and believes their symptoms are not COVID-related, they would need to have a negative COVID-19 test and be cleared by a medical professional before being able to arrive on site.

Instructions: Please thoroughly and honestly fill out this symptom tracker daily for the 10 days leading up to the trip start date (usually a Sunday). Please review the list of symptoms below, as well as the definition of "close contact." Don't forget to fill out the Name, Church/Group and Trip Start Date box in the upper right corner. Be prepared for your Adult Leaders and/or YouthWorks staff to view this tracker before you leave for your trip and throughout the trip.

Note: A **close contact** is defined by the CDC as being "within 6 feet of an infected person for a total of 15 minutes or more. An infected person can spread COVID-19 starting from 48 hours (or 2 days) before the person has any symptoms or tests positive for COVID-19."

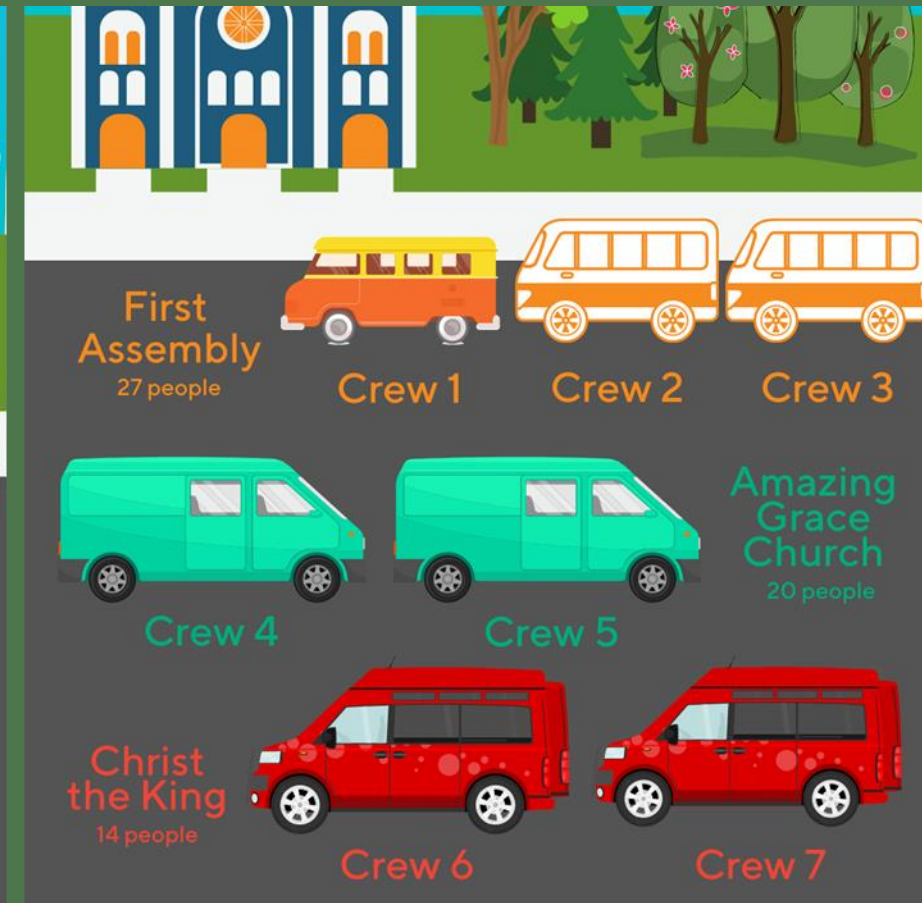
Days 14-11 before your trip: Have you been in close contact with anyone who has a confirmed case of COVID-19? Yes No

	Ten Days before your Trip Start Date Date:	Nine Days before your Trip Start Date Date:	Eight Days before your Trip Start Date Date:	Seven Days before your Trip Start Date Date:	Six Days before your Trip Start Date Date:
Have you experienced any of the more common COVID-19 Symptoms? (fever of 100.4 degrees F or higher, new cough or cough that gets worse, difficulty breathing, new loss of taste or smell)	<input type="checkbox"/> Yes <input type="checkbox"/> No Temp (choose one): <input type="checkbox"/> Below 98.6 <input type="checkbox"/> 98.6-100.3 <input type="checkbox"/> 100.4 or above	<input type="checkbox"/> Yes <input type="checkbox"/> No Temp (choose one): <input type="checkbox"/> Below 98.6 <input type="checkbox"/> 98.6-100.3 <input type="checkbox"/> 100.4 or above	<input type="checkbox"/> Yes <input type="checkbox"/> No Temp (choose one): <input type="checkbox"/> Below 98.6 <input type="checkbox"/> 98.6-100.3 <input type="checkbox"/> 100.4 or above	<input type="checkbox"/> Yes <input type="checkbox"/> No Temp (choose one): <input type="checkbox"/> Below 98.6 <input type="checkbox"/> 98.6-100.3 <input type="checkbox"/> 100.4 or above	<input type="checkbox"/> Yes <input type="checkbox"/> No Temp (choose one): <input type="checkbox"/> Below 98.6 <input type="checkbox"/> 98.6-100.3 <input type="checkbox"/> 100.4 or above
Have you experienced two or more of the less common COVID-19 Symptoms? (sore throat, vomiting, diarrhea, chills, muscle pain, extreme fatigue, new severe headache, new nasal congestion/stuffy/runny nose)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Have you been in close contact with anyone who has a confirmed case of COVID-19?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No



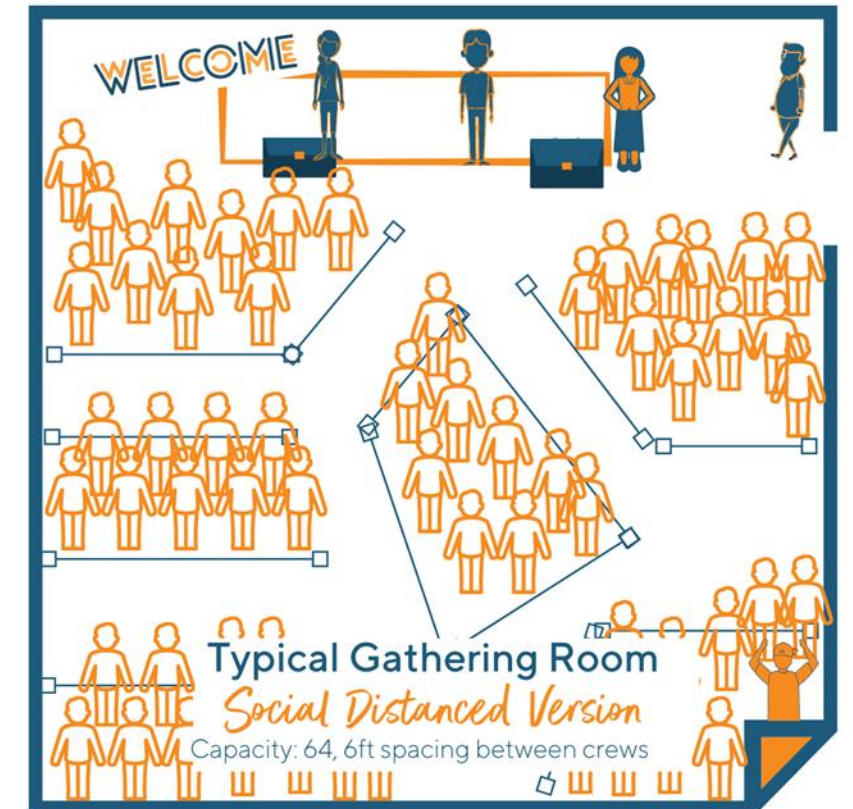
Covid Protocols

- Churches will be split up within themselves into groups of no more than 10 people (potentially 12 by summer)



Covid Protocols

- Daily large group gatherings will be have church groups spaced out by 6ft and outside when possible



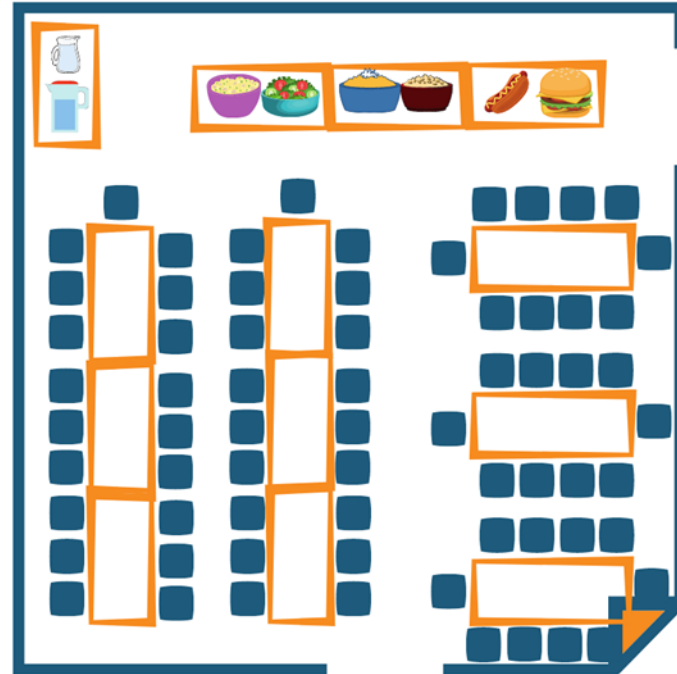
Covid Protocols

- All crews will be given 6 feet of space from other crews for all meals

Typical YW Dining Room

Pre-COVID

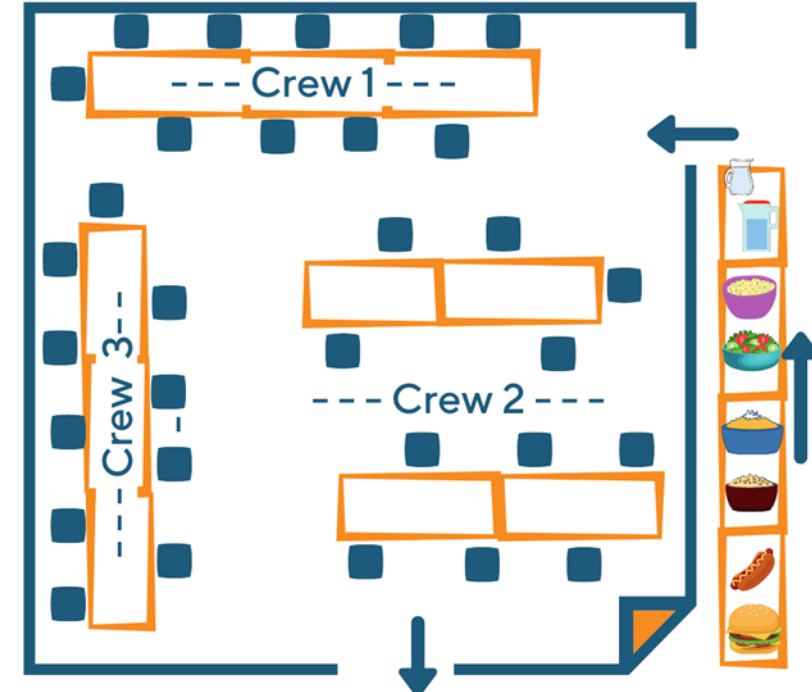
Capacity: 68



Typical YW Dining Room

Social Distance Version

Capacity: 30 (2nd dining area required (outside preferred)
OR participants eat in shifts, meals are served in the hall)



Meals

Breakfast Menu

- Cereal
- Eggs, Sausages and Hash Browns or Waffles and Sausages
- Breakfast Burritos or Biscuits and Gravy
- Friday Morning (an assortment of choices – yogurt, granola bars, cereal, fruit, muffins, etc.)

Each breakfast menu item has additional accompaniments. Depending on the menu item, this can include hot oatmeal, yogurt, toast, hard boiled eggs, applesauce, small bagels, salsa, muffins, etc.

Lunch Menu

- Sub Sandwiches
- Wraps
- White/Wheat Bread Sandwiches

Each lunch provides a choice of sandwich meat (ham, turkey and salami) as well as fresh sandwich toppings such as tomatoes, lettuce, cheese, etc. Peanut butter and jelly are also offered along with a variety of side options, which may include cookies, chips, granola bars, crackers, fruit, etc.

Dinner Menu

- Sloppy Joes
- BBQ Pulled Pork Sandwiches
- Pasta with Red/White Sauce
- Taco and Nacho Bar
- Pizza
- Grill Out with Burgers, Hot Dogs and Veggie Burgers
- Cheesy Chicken Casserole

Like breakfast and lunch, each dinner menu item has specific accompaniments with its meal. Every dinner meal includes an abundant side salad.

**Meals vary by site because of regional shopping and individual kitchen resources.*

DIETARY CONCERNS AND FOOD ALLERGIES

As participants deal with an increasing number of food allergies and special dietary concerns, YouthWorks wants to support them. We are committed to offering a variety of food choices during the week.

For those participants who are gluten-free, YouthWorks will provide GF bread, GF pasta and GF cereal.



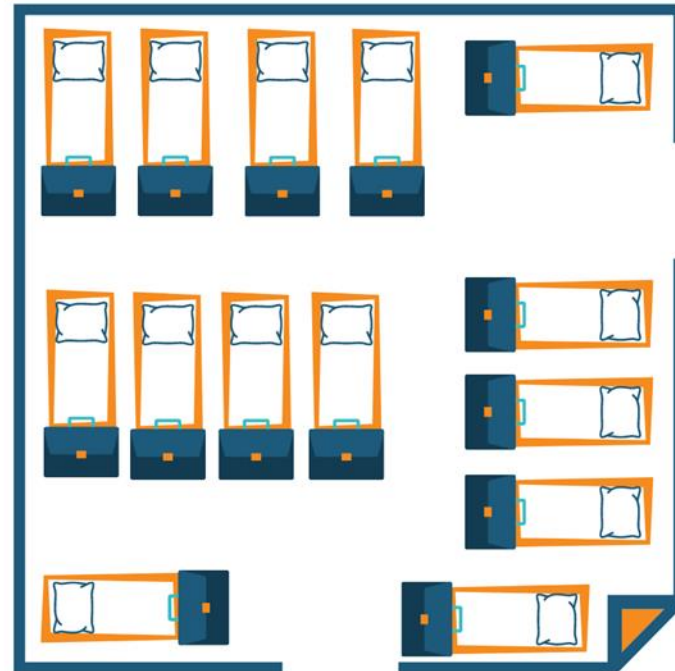
Covid Protocols

- Students will be 6 feet apart in sleeping arrangements and sleeping in smaller groups (masks recommended)

Typical YW Sleeping Room

Pre-COVID

Capacity: 14

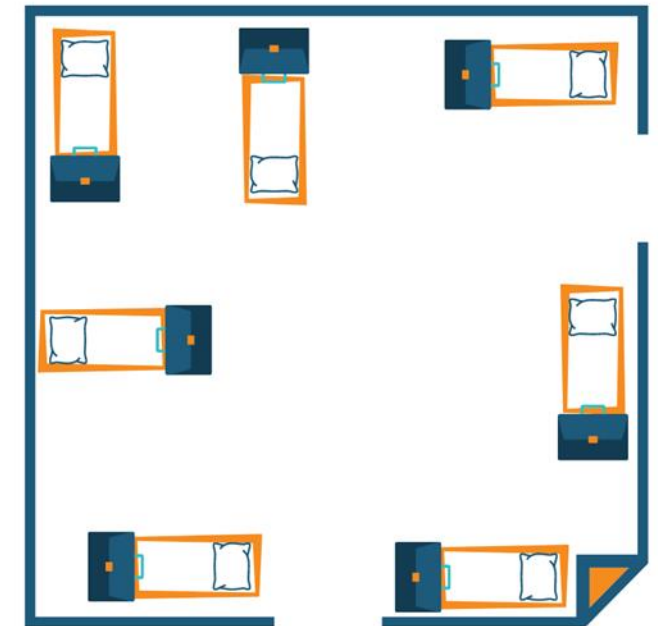


New YW Sleeping Room

Social Distance Version

Capacity: 7

With more space and different configuration,
all faces are at least 6ft apart



----- Covid Recommendations

- We will decide through a survey of those signed up if these are recommendations we would like to follow
 - Quarantining 2-3 days prior to the trip
 - Unvaccinated students/adults provide negative test
 - Wearing masks in the van
 - Wearing masks while sleeping



Packing

- Bottle of hand sanitizer to use through the week
- At least one mask for each day of the trip (+ extra)
- TWIN SIZE air mattress or sleeping pad
- Small duffle bag
- 2 pairs of work gloves (labeled with name)
- STRICT DRESS CODE POLICY
 - Finger tip length shorts (3 inch inseam)
 - T-shirts only (no tank tops allowed)
 - One piece bathing suit (for showering, too)
 - Closed toed shoes only for work sites



Cost

- Cost is around \$600 (exact number coming soon)
- What does the \$600 provide?
 - All daily programming through YouthWorks
 - Serving Opportunities
 - Lodging
 - Transportation (van rental & gas)
 - Mystery location activity
 - Most meals
 - Dinner on Sunday to Breakfast on Friday
 - Students responsible for meals on travel days
- Fundraising opportunities available
 - March Madness
 - Donut Drive-Thru/letters of support?



Registration

- Registration Deadline | April 26, 2021
 - Register at www.fhpcusa.org/missiontrip
 - \$150 deposit to secure your spot
 - Most 2020 trippers already have deposit
- Final drop date is April 30th, 2021
- Final payments due on June 1st, 2021



Questions?

- Mission trip hang out for students on Sunday from 4-5:30PM We will talk a little about the trip (answer any questions) and go through a lesson together as well as play a few getting to know you games!
- I'll be sending out a survey to those signed up for the trip for protocol decisions after April 26th
- Any questions that I can answer?

